

# PEANUT BUTTER APPLE BITES

Cooking time 18 to 20 minutes    5 dozen bites

## Ingredients

*1/2 cup unsalted crunchy peanut butter*

*1 ripe banana mashed*

*1 tbsp honey*

*2/3 cup cooked oatmeal*

*1 1/2 cup brown rice flour*

*1/2 tsp cinnamon*

*1 cup chopped peeled apple*

## Cooking Instructions

Preheat oven to 375 • F. In a bowl mix the peanut butter, banana, honey and oatmeal till creamy. In a separate bowl mix the rice flour and cinnamon and slowly add to the peanut butter mixture. Add the chopped apples last and stir till thoroughly combined. Drop rounded balls onto a greased cookie sheet ( I used a 1" cookie dropper) and slightly flattened them. Bake for 18 to 20 minutes. They will be crispy and browned on the outside. Since they use fruit they will last 1 week in a treat jar, 2-3 weeks in the frig and 2 months in the freezer.

